

PURPOSE/APPLICATION

Note, this document pertains to face coverings used for COVID-19 prevention only. All respiratory protective equipment when worn for occupational health and safety purposes requires additional training, fitting, and care, and should be used in accordance with Strike's COP 02 Respiratory Protection. As per the Government of Canada when face covering is used in the public, for the purpose of reducing the spread of COVID-19, N95 (or equivalent) respirators do not require a fit test for use¹.

Strike will follow all current mandates implemented by the relevant health authorities and local municipal bylaws around mask use. The information contained in this practice (including mask use and other mitigative measures), is current at the time of writing and is subject to change.

Strike is committed to reducing the risk of exposure to the COVID-19 virus for all employees, sub-contractors, visitors, clients and in turn, their families. This Safe Work Practice outlines the selection, use, care, and maintenance of face coverings for the purpose of reducing the spread of COVID-19.

For additional information on COVID-19 preventative measures, see Strike's SWP-79-COVID-19 (CORONA VIRUS).

PPE

- Strike minimum requirements
- Face Coverings

TRAINING

- This SWP, reputable sources (e.g. Government of Canada, World Health Organization (WHO) websites, provincial health authorities)

HAZARDS & CONCERNS

- Exposure to infected persons
- Inadvertently exposing others to the virus prior to the development of symptoms





USE OF FACIAL COVERINGS

Throughout the COVID-19 pandemic face coverings have been periodically utilized as a control measure in many public and work settings. Strike Group is committed to mitigating the hazard associated with the virus and as such coverings will be used in the following situations:

1. Any location where the local Health Jurisdiction, facility Owner/Client or Prime Contractor has mandated the use of face coverings
2. Any situation where the use of face coverings has been identified as a necessary control through the site SSSP, HIAC or Site COVID-19 Plan
3. Any other situation where the individual feels more comfortable wearing a face covering

¹ <https://www.canada.ca/content/dam/phac-aspc/documents/services/publications/diseases-conditions/types-masks-respirators/types-masks-respirators.pdf>

FACE COVERING SELECTION, USE, AND CARE

Style of Mask	Construction	Relevant Certifications	Use and Care
Respirator			
	<p>The design allows for a better fit than a medical mask</p> <p>Construction materials may vary but must meet filtration standards for respirators</p> <p>Don't use masks or respirators with exhalation valves as they allow potentially infectious respiratory particles to escape</p>	<p>To select a respirator that is approved by Health Canada verify:</p> <p>NIOSH N95 or CA-N95 and CA-N99 (will be stamped on the device)</p> <p>KN95 respirators standard GB 2626-2019</p> <p>KF94 respirators standard KMOEL-2017-64</p> <p>FFP2 respirators standard EN 149-2001</p>	<p>Typically, single use and disposable, but may be reused until visibly dirty, damp, or damaged</p> <p>Considered to be the most effective face covering for protecting users from contracting or spreading COVID-19</p>
Medical Mask			
	<p>Construction materials may vary but should be 3-ply</p> <p>Note, there are non-medical masks that look similar available, check the certification to be sure it meets the standard</p>	<p>Look for a medical mask that has ASTM F2100 or EN 14683 on the box label</p>	<p>Typically, single use and disposable, but may be reused until visibly dirty, damp, or damaged</p>

To help prevent you and others from being exposed to COVID-19, make sure whatever mask or respirator you choose is:

- Well-constructed
- Well fitting
- Worn properly
- Free of any derogatory or potentially offensive pictures or messages, in accordance with Strike's Violence and Harassment Policy

Putting on and Removing Face Covering

The proper handling of masks is essential to avoid transferring germs from hands to the masks or from the mask to hands after use.

How to put on a mask or face covering

1. Ensure the face covering is clean and dry

2. Wash your hands with warm water and soap for at least 20 seconds before touching the mask
 - If hand washing isn't possible, use hand sanitizer with a minimum 60% alcohol base
3. Ensure your hair is away from your face
4. Place the face covering over your nose and mouth and secure to your head or ears with its ties or elastics. Adjust if needed to ensure nose and mouth are fully covered
 - The mask should fit snugly to the cheeks and there should not be any gaps
5. Repeat Step 2

While wearing a mask or face covering, it is important to avoid touching your face. If you do touch your mask or face, you should immediately wash your hands with warm water and soap for at least 20 seconds or use hand sanitizer with a minimum 60% alcohol base.

How to remove a mask or face covering

1. Wash your hands with warm water and soap for at least 20 seconds.
 - If none is available, use hand sanitizer with a minimum 60% alcohol base
2. Remove the face covering by un-tying it. Pulling straps overhead or removing the loops from your ears.
 - Avoid touching the front of the mask when removing it

REFERENCES / ADDITIONAL INFORMATION

<https://www.canada.ca/content/dam/phac-aspc/documents/services/publications/diseases-conditions/types-masks-respirators/types-masks-respirators.pdf>

<https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/prevention-risks/instructions-sew-no-sew-cloth-face-covering.html>

<https://www.alberta.ca/prevent-the-spread.aspx#p25621s4>

www.ahs.ca

Alberta Health Link – Call 1-866-408-5465 or 811

<http://www.bccdc.ca/health-info/diseases-conditions/covid-19>

BC Centre for Disease Control - 1-888-COVID19

www.saskatchewan.ca

Saskatchewan Health Line – Call 811

www.healthlinkbc.ca

Manitoba Health - 1-888-315-9257

www.gov.mb.ca/health

Developed by:	1. <u>Allen Monk</u>	2. <u>Brian McConnell</u>	Date: <u>Apr 28th, 2020</u>
	3. <u>Todd Penney</u>	4. <u>Tyler Pawsey</u>	
	5. <u>Jesse Wilde</u>	6. <u>Travis George</u>	
	7. <u>Frank Jensen Jr.</u>	8. <u>Kenny Knitting</u>	
Revised by:	1. <u>Mark Bonnell</u>	2. <u>Todd Penney</u>	Date: <u>Aug. 19, 2020</u>
Revised by:	1. <u>Brian McConnell</u>		Date: <u>Aug 26, 2021</u>
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Approved by	1. <u>Pandemic Committee</u>		Date: <u>Jan 15, 2023</u>
