

**PURPOSE/APPLICATION**

To provide guidance on safely pulling wire in a conduit.

**COMMON HAZARD SOURCES AND CONCERNS****PPE**

- Strike Minimum Requirements (Hard Hat, Safety Glasses, Safety Footwear, Appropriate Protective Clothing)
- Gloves
- Other PPE as per HIAC (Goggles for Drilling, Hearing Protection, Reflective Vest, Face Shield, Fall Protection Equipment, FRC)

**TRAINING**

- Strike Minimum Training
- Fall protection training (Where Required)
- AWP Training and Competency Assessment (Where Require)

**TOOLS/EQUIPMENT**

The following Equipment may be required

- Fish tape
- Tape
- Two Way Radio
- Wire Lube
- Ladders
- AWP
- Wire rack and reel stands
- Wire Cutters
- Klein Tool

**PRE-JOB ACTIVITIES**

1. Inspect all Tools and Equipment – Complete daily pre use inspection of all tools and equipment
2. Assess the work using the HIAC methodology
3. Inspect fall protection equipment prior to use using
4. Complete a fall protection and rescue plan using CF-S-28 (where required)



#	Job Steps	Hazards and Concerns	Control Measures
1.	Clean work area and measure lengths of wire	<ul style="list-style-type: none"> <li>Gravity - tripping hazards</li> </ul>	<ul style="list-style-type: none"> <li>Flag off work area where required</li> <li>Communicate with all workers in the area</li> </ul>
2.	Set up wire rack	<ul style="list-style-type: none"> <li>Gravity/human Factors -Heavy lifting</li> </ul>	<ul style="list-style-type: none"> <li>Utilize proper lifting procedure SWP 22 Material Handling, use two people when required</li> </ul>
3.	Set up ladders	<ul style="list-style-type: none"> <li>Gravity - uneven ground, working at heights</li> </ul>	<ul style="list-style-type: none"> <li>Inspect all ladders prior to use</li> <li>Perform work in accordance with SWP 25 Ladders</li> <li>Maintain three-point contact</li> <li>Never work backwards or on the top two rungs of a ladder</li> <li>Use all fall protection equipment where required</li> </ul>
4.	Push fish tape down conduit and attach wires	<ul style="list-style-type: none"> <li>Motion - pinch points, sharp edges</li> <li>Electrical - energy</li> </ul>	<ul style="list-style-type: none"> <li>Lockout and verify that all equipment is deenergized – Follow COP 05 Lock out – Tag Out</li> </ul>
5.	Pull Wire	<ul style="list-style-type: none"> <li>Motion - pinch points, Sharp edges, awkward body position, Overexertion, flailing wire ends, line of fire</li> <li>Gravity - Working at heights</li> <li>Human Factors - fatigue</li> </ul>	<ul style="list-style-type: none"> <li>Pull away from your body</li> <li>Wear gloves</li> <li>Maintain communication between feeder and puller, use radios as required</li> <li>Stretch before beginning the task</li> <li>Maintain body positioning, work in teams as required</li> <li>Take micro breaks where required</li> <li>Ensure that during hoisting with rope, an approved knot is used to prevent from coming undone. See SWP 55 Rigging for approved knots to be used</li> <li>Fall protection plan if height is over 1.6m or if there is an unusual possibility of injury, or as per client requirements</li> </ul>
6.	Clean Up	<ul style="list-style-type: none"> <li>Motion - Tripping hazards</li> </ul>	<ul style="list-style-type: none"> <li>Roll up any excess wire</li> <li>Maintain proper housekeeping</li> <li>Wear gloves</li> </ul>



**REFERENCES/ADDITIONAL INFORMATION**

Strike Safe Work Practice

- SWP 18 – Tools/Equipment/Machinery
- SWP 22 – Material Handling
- SWP 20 – Working at Heights
- SWP 25 – Ladders
- COP 05 - LOTO

**REGULATIONS**

Alberta OH&S Code

- Part 8 – Entrances, Walkways, Stairways and ladders
- Part 9 – Fall Protection
- Part 14 – Lifting and Handling Loads

Saskatchewan OH&S Regulations

- Part 16 - Entrances, Exits and Ladders
- Part 30 – Additional Protection for Electrical Workers

Manitoba OH&S Regulations

- Part 38 – Electrical Safety
- Part 14 – Fall Protection
- Part – 13 Entrances, Exits, Stairways, Ladders

BC OHS Regulations

- Part 11 Fall Protection
- Part 13 Ladders, Scaffolds and Temporary Work Platforms
- Part 19 Electrical Safety

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