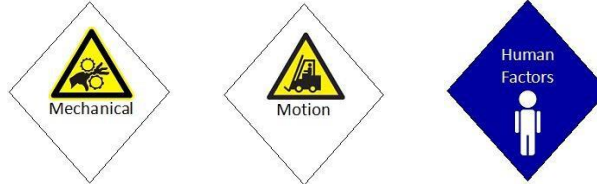


**PURPOSE/APPLICATION**

To provide guidance to drivers on how to avoid distracted driving behaviours that may endanger the driver, passengers, and the public. Studies have proven that behaviours such as the use of handheld devices, eating, reading, or performing personal hygiene while operating motor vehicles are hazardous and greatly increase the risk of injuries to people and property damage. The following Safe Work Practice applies to all workers who are driving on behalf of CPES. This includes CPES owned, leased, or rented vehicles or individuals who drive personal vehicles on CPES business.



**PPE**

- Seat Belt

**TRAINING**

- CPES and Site Specific
- Review Safe Work Practice

**HAZARDS & CONCERNS**

- Mind not on task
- Vehicle/Equipment Collision
- Eyes off the road
- Property Damage
- Hands off the steering wheel
- Personal Injury

**PRECAUTIONS**

The risk of a collision increases when a driver’s eyes and attention are taken off the road. Distraction impairs performance and reduces a driver’s awareness. Which makes drivers slower to notice and less able to safely respond to critical events on the road.

According to the Canadian Motor Vehicle Traffic Collision Statistics, distracted driving contributed to an estimated 21.7% of fatal collisions in 2019. These statistics are part of an upward trend of distracted driving-related collisions, up from 16% of fatal collisions in 2006.

**USE OF HANDS-FREE DEVICE CONTROLS**

When the conditions and situation are appropriate, CPES permits the use of vehicle installed hands free functions. However, no hands-free use is prohibited when operating a vehicle on any worksite. Use of hands free should also be avoided when driving in heavy traffic, adverse weather or in unfamiliar surroundings.

**GENERAL DOS AND DON'TS**

**The DOs**

- DO** Ensure that you are well rested and fit for duty before driving
- DO** Give yourself ample time to get to where you’re going so you don’t feel the need to rush
- DO** Perform a pre-trip vehicle inspection and make any adjustments to mirrors, temperature, seat position, etc. before driving
- DO** Identify potential blind spots (i.e. the A pillar between the roof and dash)
- DO** Stow and secure loose objects prior to driving
- DO** Plan your route ahead of time and set up the GPS before you begin driving
- DO** Make sure when using a phone for GPS or Electronic Logbooks, that it is secured to the vehicle through an appropriate phone mount
- DO** Make safe operation of the vehicle your priority, focus on the task of driving
- DO** Consider using the do not disturb function on your phone while driving

- DO** If use plan to pull over and stop where it is safe to do so. If you must use your phone, the shoulder of a road is not considered a safe spot
- DO** Utilize your passenger for calling kilometer markers on a two-way radio when possible
- DO** Always drive to road and weather conditions, such as dust, smoke, snow, ice, etc.
- DO** Keep your eyes on the road ahead but remember to scan for wildlife
- DO** Obey the rules of the road

**The DON'Ts**

- DON'T** Drive when you are fatigued or otherwise not fit for duty
- DON'T** Operate a handheld mobile device while driving a motor vehicle, whether for talking, texting, viewing files, programming music or the GPS
- DON'T** Eat, drink, or perform personal hygiene activities while driving
- DON'T** Pull over on a highway or the shoulder of a road except in an emergency. When possible, use a side road, roadside pull-out, or a parking lot. Do not continue driving until your task has ended and your focus is back on driving
- DON'T** Forget that your family, loved ones and co-workers depend on you to get to your destination safely

**REFERENCES / ADDITIONAL INFORMATION**

**Transport Canada's National Collision Database**

**REGULATIONS**

**Alberta Traffic Safety Amendment Act**

Distracted Driving Legislation – Bill 16

**Saskatchewan Traffic Safety Act**

Bill – 116 section 241.1

**British Columbia Motor Vehicle Act**

Bill – 15 section 214.1

**Manitoba Highway Traffic Act**

Bill – 5 section 215.1

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Approved by:	1. <u>HSE Committee</u>		Date:	<u>April 29, 2022</u>

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